

fairtrade
ethical
local
innovative
sustainable

ONE planet

Newsletter - October 2012

*One Planet is a community owned co-operative.
New members are always welcome - please contact us for more info.*

Nutty special offer

Hazelnuts are one of our special offers this month. A 125g bag is only £1.67 (RRP £2.09), and 250g bags are only £3.09 (RRP £3.85).

Make the Organic pledge

If everyone in the UK spent just £10 more on organic products each year, then the market would increase by around 30% - securing more land to be farmed in a healthy manner. Why not pledge to start buying at least one extra organic item in your weekly shopping?

We want your pumpkin photos

Please post pictures of your homegrown or carved pumpkins on our Facebook page!

<http://tinyurl.com/8mbvomj>



Autumn and winter stock coming soon

Arriving in store soon - our new range of autumn and winter stock. We've lots of exciting new gifts on order.

You're invited to our 2nd birthday party!

Please help us to celebrate One Planet's second birthday on Saturday 3rd November, 3pm - 6pm. Everyone is welcome to join us in the garden at the back of the shop (there'll be a gazebo if the weather's bad). Free nibbles and refreshments will be on offer.

Everyone is invited to take part in the One Planet cake bake off - can you beat the cakes from last year - Cherie's giant cake, Gemma's apple and cinnamon cake or David's banana cake?

There'll hopefully be a chance to meet the two new One Planet babies as well! We hope to see you there.



New products in store



Yogi Tea - Choco Chili

With its rich chocolate taste, dash of chili and plenty of warming cinnamon, Yogi Tea Choco Chili follows in the Aztec traditions and is a wonderfully delicious and invigorating new tea.

Belvoir Elderflower Presse

An exquisitely scented blend of freshly picked elderflowers, fresh lemon juice and sparkling water from the Belvoir springs available in small bottles and large bottles. One of our customers recommends having this with a shot of vodka!



Flour and oil donated to local arts project

One Planet has donated olive oil and flour to a bread baking project taking place at the Civic Arts Centre in Oswaldtwistle. The centre is running a project called 'Doorstep Arts' with the aim of getting people who live near the centre involved in creative activity. Working with artist, Helen Sargeant the residents of Lord Street in Oswaldtwistle will be given tasty fresh bread and be invited to learn about different bread making techniques. One Planet's shop manager Kerry Gormley is pictured presenting the oil and flour to Gayle Knight from the Civic Arts Centre.



Do you buy things off Amazon's website?

If so, you can help support One Planet at the same time. If you order using the Amazon link on the www.oneplanet.coop website then Amazon will donate an amazing 5% of the sale to One Planet at no extra cost to you!



Comments, suggestions, feedback?

Please get in touch:

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Clipper fair trade instant coffees

We have some new and exciting fair trade instant organic coffees in store from Clipper. Rich Roast: A robust and fully flavoured blend with a wonderfully rich aroma. Papua New Guinea: A smooth and sophisticated coffee with a natural sweetness. Medium Roast Arabica: A toasty and intense blend with a clean finish and a rich aroma.

Organic Shipton Mill flour

We sell large bags of organic Shipton Mill strong white flour (great for bread) and plain white flour (perfect for cakes and pastry). The mill at Shipton Moyne Wood has been producing flour since the time of the Domesday Book. Today it produces a wide variety of speciality flours, using both traditional grain and traditional methods. This is also the flour that we've donated to the arts project (see opposite article).



Wild blossom fair trade honey

This is a beautiful clear wild blossom fair trade honey from Traidcraft, produced in Chile and gently heated to preserve its natural enzymes. Delicious in tea, coffee, or drizzled over any dessert. Add to stir fries, sweet and sour dishes, cakes, cookies, and lots more.



About the producer: Sonia Chicao and Celia Gonzales are two women beekeepers who sell through Traidcraft's Chilean honey supplier Apicoop. They jointly manage about 30 hives, as business partner, on Sonia's land. Both Sonia and Celia have been elected to the board of the co-op. They live in Calcurrupe, which is in the Lago Ranco general area. Farmed by fair trade producer Apicoop in Chile.

"Apicoop gives us a permanent market for our products and this helps us develop. Before we kept bees we had no jobs and now we have been able to develop ourselves as people and the bees have become a social thing as they are helping the community grow and develop in a harmonious way," say Sonia and Celia.

Would you like to volunteer at One Planet?

We need people to work in the shop or get involved with activities such as marketing, admin, business development, research or running Christmas stalls. We also need people to volunteer in the shop on weekdays for 1 hour at lunchtimes. If you're interested please contact One Planet or Cherie Deakin - cherie.deakin@gmail.com or 07983 599781.